

Wettkampf 16 - 400 m Freistil männlich**Jahrgang 2013**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Fehrmann, Til <i>100m: 01:46,66 (01:46,66) 200m: 03:45,79 (01:59,13) 300m: 05:45,03 (01:59,24) 400m: 07:55,46 (02:10,43)</i>	2013	SV Haren	07:55,46		99

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	von Depka, Jörn <i>100m: 01:16,82 (01:16,82) 200m: 02:44,13 (01:27,31) 300m: 04:12,47 (01:28,34) 400m: 05:36,67 (01:24,20)</i>	2012	SG Sendenhorst	05:36,67		279
2.	Thül, Lars <i>100m: 01:27,13 (01:27,13) 200m: 03:03,17 (01:36,04) 300m: 04:37,79 (01:34,62) 400m: 06:08,27 (01:30,48)</i>	2012	SWOL 1894	06:08,27		213
3.	Weidlich, Mika <i>100m: 01:42,97 (01:42,97) 200m: 03:48,35 (02:05,38) 300m: 05:55,91 (02:07,56) 400m: 07:44,90 (01:48,99)</i>	2012	SG Oberhausen	07:44,90		106

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Gügelmeyer, Jonas <i>100m: 01:13,27 (01:13,27) 200m: 02:32,99 (01:19,72) 300m: 03:52,66 (01:19,67) 400m: 05:08,11 (01:15,45)</i>	2011	SV Wasserfreunde Dalum	05:08,11		364
2.	Nijhuis, Stan <i>100m: 01:22,34 (01:22,34) 200m: 02:52,18 (01:29,84) 300m: 04:22,67 (01:30,49) 400m: 05:49,05 (01:26,38)</i>	2011	O Z & P C Oldenzaal	05:49,05		250
3.	van Kints, Thijs <i>100m: 01:24,63 (01:24,63) 200m: 02:57,65 (01:33,02) 300m: 04:31,72 (01:34,07) 400m: 06:03,29 (01:31,57)</i>	2011	BZ & PC Bodegraven	06:03,29		222
4.	Kaiser, Bennett <i>100m: 01:21,02 (01:21,02) 200m: 02:56,35 (01:35,33) 300m: 04:32,08 (01:35,73) 400m: 06:04,13 (01:32,05)</i>	2011	SG Sendenhorst	06:04,13		220
5.	de Jonge, Hidde <i>100m: 01:28,20 (01:28,20) 200m: 03:04,70 (01:36,50) 300m: 04:45,05 (01:40,35) 400m: 06:15,94 (01:30,89)</i>	2011	De Grunte Hardenberg	06:15,94		200

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Meijers, Tristan <i>100m: 01:18,28 (01:18,28) 200m: 02:43,73 (01:25,45) 300m: 04:08,07 (01:24,34) 400m: 05:28,09 (01:20,02)</i>	2010	SWOL 1894	05:28,09		301
2.	Agterbos, Rafael <i>100m: 01:19,19 (01:19,19) 200m: 02:46,73 (01:27,54) 300m: 04:15,30 (01:28,57) 400m: 05:39,49 (01:24,19)</i>	2010	O Z & P C Oldenzaal	05:39,49		272
3.	van Dijken, Jens <i>100m: 01:20,86 (01:20,86) 200m: 02:50,96 (01:30,10) 300m: 04:21,36 (01:30,40) 400m: 05:45,87 (01:24,51)</i>	2010	ZV Azuro	05:45,87		257
4.	Germers, Kick <i>100m: 01:21,26 (01:21,26) 200m: 02:52,73 (01:31,47) 300m: 04:25,89 (01:33,16) 400m: 05:52,79 (01:26,90)</i>	2010	SWOL 1894	05:52,79		242
5.	Plankert, Louis <i>100m: 01:25,08 (01:25,08) 200m: 03:00,17 (01:35,09) 300m: 04:36,61 (01:36,44) 400m: 06:07,00 (01:30,39)</i>	2010	SG Oberhausen	06:07,00		215
6.	ter Braak, Guus <i>100m: 01:34,90 (01:34,90) 200m: 03:25,99 (01:51,09) 300m: 05:12,27 (01:46,28) 400m: 06:51,09 (01:38,82)</i>	2010	De Dinkel Denekamp	06:51,09		153
7.	de Haan, Joris <i>100m: 01:50,87 (01:50,87) 200m: 03:52,15 (02:01,28) 300m: 05:54,25 (02:02,10) 400m: 07:48,97 (01:54,72)</i>	2010	V Z & P C	07:48,97		103

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Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Schröder, Jano 100m: 01:04,00 (01:04,00) 200m: 02:15,56 (01:11,56) 300m: 03:28,13 (01:12,57) 400m: 04:37,66 (01:09,53)	2009	Waspo Nordhorn	04:37,66	497	
2.	Harms, Duuk 100m: 01:11,15 (01:11,15) 200m: 02:28,39 (01:17,24) 300m: 03:46,44 (01:18,05) 400m: 05:03,48 (01:17,04)	2009	Dedemsvaart-AC	05:03,48	381	
3.	Krohm, Aleksej 100m: 01:11,63 (01:11,63) 200m: 02:30,63 (01:19,00) 300m: 03:51,14 (01:20,51) 400m: 05:09,02 (01:17,88)	2009	SG Oberhausen	05:09,02	361	
4.	Strötter, Max 100m: 01:14,02 (01:14,02) 200m: 02:36,70 (01:22,68) 300m: 04:01,02 (01:24,32) 400m: 05:24,38 (01:23,36)	2009	Waspo Nordhorn	05:24,38	312	
5.	Eijkelkamp, Robbin 100m: 01:18,02 (01:18,02) 200m: 02:42,91 (01:24,89) 300m: 04:08,51 (01:25,60) 400m: 05:29,20 (01:20,69)	2009	ZPC De Hof	05:29,20	298	
6.	van Duinen, Guus 100m: 01:18,20 (01:18,20) 200m: 02:46,03 (01:27,83) 300m: 04:13,93 (01:27,90) 400m: 05:43,76 (01:29,83)	2009	Dedemsvaart-AC	05:43,76	262	
7.	Ferreira, Gabriel 100m: 01:18,36 (01:18,36) 200m: 02:47,66 (01:29,30) 300m: 04:20,81 (01:33,15) 400m: 05:48,21 (01:27,40)	2009	Waspo Nordhorn	05:48,21	252	
8.	de Jonge, Rinse 100m: 01:20,96 (01:20,96) 200m: 02:53,38 (01:32,42) 300m: 04:26,97 (01:33,59) 400m: 05:52,79 (01:25,82)	2009	De Grunte Hardenberg	05:52,79	242	

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Veelders, Milan 100m: 01:02,72 (01:02,72) 200m: 02:12,27 (01:09,55) 300m: 03:21,14 (01:08,87) 400m: 04:27,50 (01:06,36)	2008	De Dinkel Denekamp	04:27,50	556	
2.	de Zeeuw, Siem 100m: 01:04,84 (01:04,84) 200m: 02:18,13 (01:13,29) 300m: 03:30,58 (01:12,45) 400m: 04:40,56 (01:09,98)	2008	O Z & P C Oldenzaal	04:40,56	482	
3.	Scholten, Bjorn 100m: 01:05,39 (01:05,39) 200m: 02:17,11 (01:11,72) 300m: 03:30,57 (01:13,46) 400m: 04:41,30 (01:10,73)	2008	WS Twente	04:41,30	478	
4.	van Weeren, Teun 100m: 01:07,31 (01:07,31) 200m: 02:19,06 (01:11,75) 300m: 03:31,20 (01:12,14) 400m: 04:42,30 (01:11,10)	2008	WS Twente	04:42,30	473	
5.	Veld, Diede 100m: 01:05,70 (01:05,70) 200m: 02:19,63 (01:13,93) 300m: 03:33,84 (01:14,21) 400m: 04:44,31 (01:10,47)	2008	SWOL 1894	04:44,31	463	
6.	Krohm, Alex 100m: 01:04,62 (01:04,62) 200m: 02:17,99 (01:13,37) 300m: 03:32,52 (01:14,53) 400m: 04:45,35 (01:12,83)	2008	SG Oberhausen	04:45,35	458	
7.	Rüthemann, Mark 100m: 01:07,61 (01:07,61) 200m: 02:21,96 (01:14,35) 300m: 03:36,23 (01:14,27) 400m: 04:48,21 (01:11,98)	2008	Waspo Nordhorn	04:48,21	445	
8.	Schoneveld, Rian 100m: 01:06,04 (01:06,04) 200m: 02:20,54 (01:14,50) 300m: 03:37,81 (01:17,27) 400m: 04:49,75 (01:11,94)	2008	De Berkelduikers	04:49,75	438	
9.	Reineke, Neal 100m: 01:07,19 (01:07,19) 200m: 02:23,19 (01:16,00) 300m: 03:40,53 (01:17,34) 400m: 04:54,60 (01:14,07)	2008	Waspo Nordhorn	04:54,60	416	
10.	Schubert, Tim 100m: 01:11,68 (01:11,68) 200m: 02:33,33 (01:21,65) 300m: 03:57,40 (01:24,07) 400m: 05:17,67 (01:20,27)	2008	SV Plettenberg 1951 e.V.	05:17,67	332	

noch Wettkampf 16 - 400 m Freistil männlich**noch Jahrgang 2008**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
11.	Dessi, Giovanni <i>100m: 01:14,02 (01:14,02) 200m: 02:38,38 (01:24,36) 300m: 04:05,31 (01:26,93) 400m: 05:32,86 (01:27,55)</i>	2008	V Z & P C	05:32,86	288	
12.	Zwarthoff, Julian <i>100m: 01:18,86 (01:18,86) 200m: 02:46,53 (01:27,67) 300m: 04:13,68 (01:27,15) 400m: 05:38,19 (01:24,51)</i>	2008	SWOL 1894	05:38,19	275	
13.	Mulder, Tom <i>100m: 01:35,75 (01:35,75) 200m: 02:50,23 (01:14,48) 300m: 04:23,18 (01:32,95) 400m: 05:51,97 (01:28,79)</i>	2008	ZPC Bubble	05:51,97	244	
14.	Hörtemöller, Jonas <i>100m: 01:19,55 (01:19,55) 200m: 02:51,68 (01:32,13) 300m: 04:24,10 (01:32,42) 400m: 05:52,01 (01:27,91)</i>	2008	SV Wasserfreunde Dalum	05:52,01	244	
15.	Smits, Thymo <i>100m: 01:27,92 (01:27,92) 200m: 03:04,57 (01:36,65) 300m: 04:42,39 (01:37,82) 400m: 06:17,29 (01:34,90)</i>	2008	ZPC Livo	06:17,29	198	

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	van Veen, Melle <i>100m: 01:06,48 (01:06,48) 200m: 02:18,39 (01:11,91) 300m: 03:29,10 (01:10,71) 400m: 04:37,66 (01:08,56)</i>	2007	Dedemsvaart-AC	04:37,66	497	
2.	Bult, Arnoud <i>100m: 01:05,68 (01:05,68) 200m: 02:16,82 (01:11,14) 300m: 03:29,31 (01:12,49) 400m: 04:39,22 (01:09,91)</i>	2007	De Dinkel Denekamp	04:39,22	489	
3.	IJzerman, Lias <i>100m: 01:09,50 (01:09,50) 200m: 02:25,00 (01:15,50) 300m: 03:39,76 (01:14,76) 400m: 04:51,16 (01:11,40)</i>	2007	Dedemsvaart-AC	04:51,16	431	
4.	Strötker, Ben <i>100m: 01:05,83 (01:05,83) 200m: 02:22,35 (01:16,52) 300m: 03:41,42 (01:19,07) 400m: 05:00,87 (01:19,45)</i>	2007	Waspo Nordhorn	05:00,87	391	
5.	de Bruijn, Emiel <i>100m: 01:10,43 (01:10,43) 200m: 02:29,11 (01:18,68) 300m: 03:48,48 (01:19,37) 400m: 05:06,67 (01:18,19)</i>	2007	Dedemsvaart-AC	05:06,67	369	
6.	Lund, Laurits Damsted <i>100m: 01:11,45 (01:11,45) 200m: 02:30,55 (01:19,10) 300m: 03:50,64 (01:20,09) 400m: 05:07,86 (01:17,22)</i>	2007	Ringe Svømme Klub	05:07,86	365	
7.	Brongers, Sven <i>100m: 01:12,86 (01:12,86) 200m: 02:35,05 (01:22,19) 300m: 03:59,73 (01:24,68) 400m: 05:20,47 (01:20,74)</i>	2007	ZPC Bubble	05:20,47	323	
8.	Schutrup, Robin <i>100m: 01:14,21 (01:14,21) 200m: 02:38,70 (01:24,49) 300m: 04:03,45 (01:24,75) 400m: 05:24,07 (01:20,62)</i>	2007	SWOL 1894	05:24,07	313	
9.	Baerwald, Nico <i>100m: 01:14,16 (01:14,16) 200m: 02:40,57 (01:26,41) 300m: 04:10,39 (01:29,82) 400m: 05:33,70 (01:23,31)</i>	2007	SG Oberhausen	05:33,70	286	
10.	Bielitzki, Hendrik <i>100m: 01:17,74 (01:17,74) 200m: 02:43,96 (01:26,22) 300m: 04:10,65 (01:26,69) 400m: 05:35,25 (01:24,60)</i>	2007	SG Oberhausen	05:35,25	282	
11.	Meier, Leiness-Christoph <i>100m: 01:15,42 (01:15,42) 200m: 02:45,95 (01:30,53) 300m: 04:19,43 (01:33,48) 400m: 05:50,89 (01:31,46)</i>	2007	SSF Hamborn 07/38 e.V.	05:50,89	246	
12.	van Toly, Nils <i>100m: 01:28,96 (01:28,96) 200m: 02:59,14 (01:30,18) 300m: 04:33,55 (01:34,41) 400m: 06:10,15 (01:36,60)</i>	2007	SWOL 1894	06:10,15	210	

noch Wettkampf 16 - 400 m Freistil männlich**Jahrgang 2006**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Kroeze, Wout 100m: 01:07,33 (01:07,33) 200m: 02:23,72 (01:16,39) 300m: 03:43,83 (01:20,11) 400m: 05:01,55 (01:17,72)	2006	ZV Azuro	05:01,55		388
2.	Bleumink, Ryan 100m: 01:10,05 (01:10,05) 200m: 02:29,98 (01:19,93) 300m: 03:50,98 (01:21,00) 400m: 05:08,12 (01:17,14)	2006	De Berkelduikers	05:08,12		364
3.	Foks, Lukas 100m: 01:06,48 (01:06,48) 200m: 02:28,48 (01:22,00) 300m: 03:53,23 (01:24,75) 400m: 05:17,48 (01:24,25)	2006	SG Oberhausen	05:17,48		333
4.	Ooijman, Finn 100m: 01:12,04 (01:12,04) 200m: 02:34,84 (01:22,80) 300m: 03:59,13 (01:24,29) 400m: 05:23,87 (01:24,74)	2006	De Berkelduikers	05:23,87		313
5.	Otterman, Harm 100m: 01:19,12 (01:19,12) 200m: 02:48,98 (01:29,86) 300m: 04:23,00 (01:34,02) 400m: 05:50,78 (01:27,78)	2006	Z & PV de Veene	05:50,78		246

Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Liedlbauer, Juri 100m: 01:04,27 (01:04,27) 200m: 02:18,51 (01:14,24) 300m: 03:34,42 (01:15,91) 400m: 04:48,33 (01:13,91)	2004	SSF Hamborn 07/38 e.V.	04:48,33		444
2.	Riepe, Yannick 100m: 01:10,44 (01:10,44) 200m: 02:26,81 (01:16,37) 300m: 03:44,19 (01:17,38) 400m: 05:00,03 (01:15,84)	2004	TSV Quakenbrück	05:00,03		394
3.	Borgers, Jannek 100m: 01:08,48 (01:08,48) 200m: 02:24,88 (01:16,40) 300m: 03:43,82 (01:18,94) 400m: 05:01,54 (01:17,72)	2005	Waspo Nordhorn	05:01,54		388
4.	Kool, Siwar 100m: 01:12,88 (01:12,88) 200m: 02:32,15 (01:19,27) 300m: 03:54,46 (01:22,31) 400m: 05:15,46 (01:21,00)	2005	BZ & PC Bodegraven	05:15,46		339
5.	Houwen, Pepijn 100m: 01:13,62 (01:13,62) 200m: 02:38,25 (01:24,63) 300m: 04:05,31 (01:27,06) 400m: 05:29,50 (01:24,19)	2005	ZPC Bubble	05:29,50		297
6.	Preußner, Rafael 100m: 01:14,25 (01:14,25) 200m: 02:46,40 (01:32,15) 300m: 04:23,03 (01:36,63) 400m: 05:58,40 (01:35,37)	2005	SSF Hamborn 07/38 e.V.	05:58,40		231

AK 20 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Rüthemann, Jens 100m: 01:06,33 (01:06,33) 200m: 02:15,85 (01:09,52) 300m: 03:25,16 (01:09,31) 400m: 04:32,93 (01:07,77)	1974	Waspo Nordhorn	04:32,93		524
2.	Schel, Mike 100m: 01:05,57 (01:05,57) 200m: 02:18,87 (01:13,30) 300m: 03:32,74 (01:13,87) 400m: 04:44,70 (01:11,96)	1994	ESCA Zwemmen	04:44,70		461
3.	Bouwkamp, Lukas 100m: 01:03,85 (01:03,85) 200m: 02:16,38 (01:12,53) 300m: 03:32,71 (01:16,33) 400m: 04:48,00 (01:15,29)	2001	Waspo Nordhorn	04:48,00		446
4.	Broekema, Hendrik 100m: 01:04,91 (01:04,91) 200m: 02:18,10 (01:13,19) 300m: 03:35,15 (01:17,05) 400m: 04:52,99 (01:17,84)	2000	ZPC Bubble	04:52,99		423
5.	Schothans, Diederick 100m: 01:05,66 (01:05,66) 200m: 02:19,02 (01:13,36) 300m: 03:36,47 (01:17,45) 400m: 04:53,28 (01:16,81)	1997	Z & PV de Veene	04:53,28		422
6.	Plangemann, Christopher 100m: 01:08,57 (01:08,57) 200m: 02:25,58 (01:17,01) 300m: 03:44,31 (01:18,73) 400m: 05:02,62 (01:18,31)	2000	Waspo Nordhorn	05:02,62		384

noch Wettkampf 16 - 400 m Freistil männlich**noch AK 20 und älter**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
7.	Thomas, Jannik <i>100m: 01:08,28 (01:08,28) 200m: 02:25,81 (01:17,53) 300m: 03:47,01 (01:21,20) 400m: 05:04,43 (01:17,42)</i>	1997	SV Plettenberg 1951 e.V.	05:04,43	377
8.	Kloek, Jesper <i>100m: 01:09,37 (01:09,37) 200m: 02:29,07 (01:19,70) 300m: 03:51,15 (01:22,08) 400m: 05:11,08 (01:19,93)</i>	1990	Dedemsvaart-AC	05:11,08	354
9.	Anneken, Hartmut <i>100m: 01:17,29 (01:17,29) 200m: 02:39,53 (01:22,24) 300m: 04:01,56 (01:22,03) 400m: 05:21,17 (01:19,61)</i>	1968	TSV Quakenbrück	05:21,17	321
10.	Jurjens, Tycho <i>100m: 01:11,60 (01:11,60) 200m: 02:33,51 (01:21,91) 300m: 03:58,48 (01:24,97) 400m: 05:21,48 (01:23,00)</i>	2001	De Berkelduikers	05:21,48	320
11.	Grendel, Marcel <i>100m: 01:11,45 (01:11,45) 200m: 02:35,73 (01:24,28) 300m: 04:02,13 (01:26,40) 400m: 05:23,73 (01:21,60)</i>	1980	SG Oberhausen	05:23,73	314
12.	Buurmeijer, Michael <i>100m: 01:12,81 (01:12,81) 200m: 02:36,57 (01:23,76) 300m: 04:04,59 (01:28,02) 400m: 05:33,69 (01:29,10)</i>	1979	Z & PC Thor	05:33,69	286
13.	Pijnacker, Koen <i>100m: 01:11,11 (01:11,11) 200m: 02:37,23 (01:26,12) 300m: 04:06,23 (01:29,00) 400m: 05:36,86 (01:30,63)</i>	2003	BZ & PC Bodegraven	05:36,86	278
14.	Toeter, Robert <i>100m: 01:15,65 (01:15,65) 200m: 02:44,92 (01:29,27) 300m: 04:15,80 (01:30,88) 400m: 05:45,36 (01:29,56)</i>	2001	Hera' 11	05:45,36	258
15.	Neuteboom Spijker, Erik <i>100m: 01:20,65 (01:20,65) 200m: 02:52,19 (01:31,54) 300m: 04:25,85 (01:33,66) 400m: 05:57,39 (01:31,54)</i>	1965	Aquapoldro	05:57,39	233